

## Harvard University Manager Mental Health Resources

Emergency Contacts		Phone Number
<a href="#">Medical or Public Safety Emergency</a>		911
<a href="#">National Suicide &amp; Crisis Lifeline (24/7)</a>		988
<a href="#">Harvard University Police</a>		617-495-1212
<a href="#">Harvard University Police - Longwood</a>		617-432-1212
Massachusetts Contacts		Phone Number
<a href="#">Samaritans Suicide Prevention Text and Phone Lines (24/7)</a>		877-870-HOPE (4673)
<a href="#">SafeLink Domestic/Dating Violence Hotline &amp; chat lines (24/7)</a>		877-785-2020
<a href="#">Boston Area Rape Crisis Center (BARCC) (24/7)</a>		800-841-8371
<a href="#">MA Confidential Health and Human Services Helpline (24/7)</a>		211
<a href="#">NAMI Compass Helpline (National Alliance on Mental Illness)</a>		617-580-8541
<a href="#">MA Substance Use Helpline (24/7)</a>		800-327-5050
<a href="#">MA Council on Gaming and Health</a>		1-800-GAM-1234
<a href="#">MA Behavioral Health Partnership Emergency Line (24/7)</a>		877- 382-1609
University Contacts	Additional Information	
<a href="#">KGA – Harvard’s Employee Assistance Program</a>	Confidential Employee Assistance Program available 24/7 Call: 877-327-4278, Text: 508-231-5374, Email: <a href="mailto:info@kgreer.com">info@kgreer.com</a>	
<a href="#">Local Human Resources Offices</a>	Locate and reach out to your local Human Resources Office	
<a href="#">Harvard Benefits Office</a>	Health and welfare resources for benefits-eligible staff and faculty	
<a href="#">Harvard Office of Work/Life</a>	Provides programs and subsidies to staff and faculty, for dependent care, mental health, workplace flexibility and mindfulness	
<a href="#">Harvard Global Support Services</a>	Support for students and employees traveling/living abroad	
<a href="#">Harvard Chaplains</a>	Over forty chaplains serving the spiritual needs of those at Harvard	
<a href="#">Harvard International Office</a>	Support for international students and scholars	
<a href="#">Harvard Office for Equity, Diversity, Inclusion &amp; Belonging</a>	Coordinates and catalyzes equity and access efforts across Harvard	
<a href="#">University Health Services (HUHS)</a>	Multi-specialty medical practice for the Harvard community	
<a href="#">HUHS Center for Wellness</a>	Workshops, services, and classes centered on wellbeing	
<a href="#">HU Ombuds Office</a>	Assists in managing issues affecting work or academics	
<a href="#">Employee Resource Groups (ERGs)</a>	Enable individuals from marginalized communities to connect	
<a href="#">Harvard Office for Gender Equity</a>	Counseling, reporting, and policy resources related to sexual harassment and misconduct	
<a href="#">The Crimson Folders</a>	Tools to help recognize and support student mental health challenges	
<a href="#">Anonymous Reporting Hotline</a>	Confidential resource, available 24/7 Call: 877-694-2275	
<a href="#">University Disability Resources</a>	Provides leadership to ensure an accessible, inclusive, welcoming, learning and working environment for individuals with disabilities while complying with federal and state regulations.	
<a href="#">Office for Community Conduct</a>	Responsible for anchoring and implementing the University's <u>Non-Discrimination and Anti-Bullying (NDAB) Policies</u> .	